

**NEHRU INSTITUTE OF MOUNTAINEERING
UTTARKASHI, UTTARAKHAND (INDIA)-249193**

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Success Lies in Courage

TRAINING PROGRAMME 2024

COURSES	DURATION	SUBSIDISED FEE	CAPACITY	AGE	Remarks
<u>BASIC MOUNTAINEERING COURSES (28 DAYS)</u>		₹ 22550/-			
Serial No 281 (Mixed)	22 Mar- 18 Apr 2024		80	16-40 Years	
Serial No 282 (Mixed)	26 Apr-23 May 2024		90	"	
Serial No. 283 (Ladies)	27 May-23 Jun 2024		90	"	
Serial No 284 (Mixed)	14 Sept -11 Oct 2024		90	20-55 Years	
Serial No 285 (Mixed)	19 Oct-15 Nov 2024		90	16-40 Years	
<u>ADVANCE MOUNTAINEERING COURSE(28 DAYS)</u>		₹ 22550/-			
Serial No 176 (Mixed)	26 Apr-23 May 2024		40	18-42 Years	
Serial No 177 (Ladies)	27 May-23 Jun 2024		40	"	
Serial No.178 (Mixed)	14 Sept -11 Oct 2024		40	"	
<u>SEARCH & RESCUE COURSE (21 DAYS)</u>		₹ 22550/-			
Ser No 36 (Mixed)	22 Mar- 11 Apr 2024		70	19-45 Years	
<u>METHOD OF INSTRUCTION COURSE (21 DAYS)</u>		₹ 22550/-			
Serial No 31 (Mixed)	19 Oct - 08 Nov 2024		25	19-45 Years	
<u>ADVENTURE COURSES (14 DAYS)</u>		₹ 12080/-			
Serial No 241 (Girls)	07 Jun - 20 Jun 2024		70	14-20 Years	
Serial No 242 (Boys)	12 Jun - 25 Jun 2024		70	"	
Serial No 243 (Mixed)	17 Nov -30 Nov 2024		70	20-50 Years	
Serial No 244 (Mixed)	02 Dec -15 Dec 2024		70	14-20 Years	
<u>BASIC SKIING COURSE (14 DAYS)</u>		₹ 22550/-	40	16-40 Years	*Based on snow fall. Confirmation for date to be taken through NIM website/ telephonically. (15 Jan 2024 onwards)
Serial No. 10 (Mixed)	28 Jan - 10 Feb 2024				
<u>INTERMEDIATE SKIING COURSE (14 Days)</u>		₹ 22550/-	25	16-40 Years	
Serial No 03 (Mixed)	01 Feb - 14 Feb 2024				
<u>SPORT CLIMBING COURSES (11 DAYS)</u>		₹ 12080/-	50	14-30 Years	
Serial No 09	13 Jul - 23 Jul 2024				
Serial No 10	03 Aug - 13 Aug 2024				
<u>BASIC MOUNTAIN TERRAIN BIKE (BMTB) COURSE (11 Days)</u>		₹ 21780/-		16-45 Years	
Serial No 04	05 Mar - 15 Mar 2024		30		
Serial No 05	01 Sep - 11 Sep 2024		30		
Serial No 06	16 Nov - 26 Nov 2024		30		
<u>ADVANCE MOUNTAIN TERRAIN BIKE (AMTB) COURSE (11 Days)</u>		₹ 26620/-		16-45 Years	
Serial No 02	25 Jun – 05 Jul 2024		30		
<u>SPECIAL ROCK CLIMBING COURSES</u>		Full cost basis	--	12 Years & above	On request from schools, Colleges, ONGC, Private Firms, Corporate, Govt. Organizations, Senior citizens, Police and Defence Deptts.
<u>SPECIAL ADVENTURE COURSES</u>		Full cost basis	--	14 Years & Above	
<u>SPECIAL DISASTER RESCUE TRAINING</u>		Full cost basis	--	18-40 years	
<u>SPECIAL MOUNTAIN GUIDE COURSE</u>		Full cost basis	--	19-40 years	Trainees should be Advance Course qualified with "A" grade from any recognized mountaineering institute.

Note: Arrival one day prior to the starting date and Departure on Termination Date as mentioned above.

1. ELIGIBILITY:

(a) **ADVANCE MOUNTAINING COURSE** is for trainees graded 'A' only in **Basic Mountaineering course** from NIM, Uttarkashi, HMI, Darjeeling, JIM & WS, Pahalgam (J&K), HAWS, Gulmarg (J&K), AMI, Siachen (J&K) ITBP Trg Centre Auli, Joshimath (Chamoli), ABVIM & AS, Manali, SGMI Gangtok and NIMAS, Dirang.

(b) **SEARCH & RESCUE** and **METHOD OF INSTRUCTION COURSES** are for trainees **Graded "A" only in Advance Mountaineering Course** from above mentioned recognized mountaineering institutes.

2. ALLOTMENT OF VACANCIES:

Seats are allotted on **first come first serve basis**. If the required course is not available, vacancy will be given in the next available course.

3. ADMISSION TO FOREIGNERS:

To report to the Principal one day in advance along with the Passport and valid Visa for direct admission into a course. US Dollars 589 for Adventure Courses and US Dollars 1177 for remaining courses is **to be paid as course fee in Indian rupees**.

4. PHYSICAL FITNESS LEVEL:

- (a) Trainees should be in good physical condition prior to undertaking any course. Taking long walk on uneven tracks with load is preferable. Long distance running and regular fingers and arms exercise will prove to be helpful.
- (b) Search & Rescue Course requires a high level of physical fitness.
- (c) A test of 10 Kms track (with 10 Kg of load) is carried out by the institute to test the physical fitness of trainee before going to mountain only fit trainees with continue with BMC/AMC

5. SUBSIDISED FEE FOR INDIAN TRAINEES

- (a) Trg. Fee can be remitted by **ONLINE** transaction through NIM website www.nimindia.net or through Bank Draft, in favor of NIM, Uttarkashi, payable at Uttarkashi. **PART PAYMENT WILL NOT BE ACCEPTED.**
- (b) Fee includes expenses on food, accommodation, equipment, transportation, medicines and other training expenses during the course.

6. REFUND OF FEE AND TRANSFER OF SEAT: Please refer our refund policy and transfer of seat policy on our website.

7. ARMED FORCES & PARA MILITARY PERSONNEL:

Serving Armed forces, Para Military and NCC personnel, should apply through their respective **Service Headquarters** and **Departmental Channels**. They can however apply as private trainee.

8. REPETITION OF COURSE

The courses conducted in NIM are subsidized and the vacancies are limited. Repeating a course by an individual leads to denial of opportunity to someone else. One cannot repeat the same course even if the individual has got 'B' Grade in any courses. In case or by mistake he/she repeats the same course; certificate will be treated null and void. This Institute also conducts special courses for schools and establishments on full cost basis i.e. Rs 2396 /- per individual per day plus applicable GST for 15 days. These are open and anyone can apply for their confirmation.

9. ARRIVAL:

Trainees must arrive an evening before commencement of course. **LATE ARRIVALS EVEN BY ONE DAY WILL NOT BE PERMITTED TO JOIN THE COURSE.**

10. INSURANCE:

As per the guidelines of Govt of India insurance of trainees undergoing Adventure and Mountaineering courses is mandatory. The institute insures Indian trainees by paying an additional amount of Rs 800 /- / Rs 550 /- / Rs 350 for insurance coverage of Rs 5,00,000/- / Rs 3,00,000 /- / Rs 2,00,000 respectively as per the choice of a trainee for the duration of the course. Foreign applicants must do their insurance by themselves covering mountaineering and adventure activities and submit a copy at the time of reporting for the course.

11. APPLICATION FORM:

- (a) NIM application form for the courses is available online at NIM website nimindia.net and it can downloaded free of cost from the website.

**COLONEL ANSHUMAN BHADAURIA
PRINCIPAL**

AMPLIFICATION NOTES

EQUIPMENT AND CLOTHING REQUIRED

The Institute provides Mountaineering clothing and Technical equipment. In case students possess some equipment of their own, they are welcome to bring the same with them. **All students (both male and female) must ensure that they bring the following:**

<u>FOR MOUNTAINEERING COURSES</u>		<u>FOR ADVENTURE COURSES</u>	
(a) Light hat for trekking / P-Cap	01	Light hat / cap for trekking	01
(b) Cap (woolen)	01	Cap (woolen)	01
(c) Undergarments	Minimum 04	Undergarments	Minimum 04
(d) Towel	02	Towel	02
(e) Light weight rain coat / poncho	01	Normal socks	04 Pairs
(f) Woolen socks of good quality (heavy woolen)	03 Pairs	Torch with cells	01 with spare batteries
(g) Normal socks	04 Pairs	Writing material and ball point pen	As required
(h) Torch with cells	01 with spare batteries	Toilet requisites (Toothpaste, Toothbrush, Soap etc)	As required
(i) Writing material (Notebook & Ball point pen)	As required	Woolen gloves	01 Pair
(j) Toilet requisites (Toothpaste, Toothbrush, Soap etc)	As required	Dark goggles	01 No
(k) Woolen gloves & Normal Gloves (Waterproof)	02 + 02 = 04 Pairs	Trekking shoes / Sports Shoes	01 Pair
(l) Dark goggles	01 No	(PVC soled & canvas shoes should be avoided)	
(m) Water proof cover for turbans (for those who use turbans)	As required	Heavy woolen pullover full sleeves	01
(n) Rubber soled trekking shoes	01 Pair	Repair kit i.e. Needle, thread and buttons	01 Set
(PVC soled & canvas shoes should be avoided)		Cotton trousers / lowers	02
(o) Warm shirt full sleeves and trousers	01 Set	Cotton shirts	02
(p) Heavy woolen pullover full sleeves	01	Thermal Innerwear	02 Sets
(q) Repair kit (Needle, thread and buttons)	01 Set	Trek suit	02 Set
(r) Trek Pants	02	Eatables	As required
(s) Cotton T- shirts	02	Sunburn Cream (SPF 30)	01
(t) Thermal Innerwear	02 Sets		
(u) Trek suit	02 Set		
(v) Eatables	As required		
(w) Sunburn Cream (SPF 40 or Above)	01		