



ADVISORY/PRECAUTIONARY MEASURES ON COVID-19 FOR MOUNTAINEERING COURSES RESUMING FROM 20 MAR 2021

1. Course aspirants are advised to follow COVID-19 guidelines as appended below:

(a) The aspirants should be in possession of RT- PCR test report (Covid Negative report) undergone not more than 72 hours prior to reporting at NIM.

(b) Trainees are required to carry Self Declaration Certificate as per format attached as Appendix `A`.

(c) A preliminary medical checkup/clinical screening will be done at the time of reporting of all the trainees. If an individual is observed to be suffering from high fever / having cough, he/she will be referred to the District Hospital, Uttarkashi.

2. Trainees are requested to bring their own masks and sanitizers for personal hygiene and prevention.

3. Advisory for COVID-19 Protocol issued from MOHFW and Uttarakhand State Govt to be followed strictly.

-Sd-
PRINCIPAL

SELF DECLARATION CERTIFICATE

1. I, Mr/Mrs/Miss _____ S/D/O _____
_____ certify to the best of my knowledge that I have not come in contact with any COVID-19 (Corona Virus) affected persons and not travelled to any foreign country in last one month.

2. I also certify that, I do not possess fever over / cough which are the basic symptoms of COVID-19(Corona Virus).

Place:

Date:

Name & Signature of the trainee

Note: It is mandatory for all trainees to bring this self certificate duly signed.